## Practicum Training in the Helen B. Landgarten Art Therapy Clinic

- The mission of the Helen B. Landgarten Art Therapy Clinic is to serve the community by offering clinical art therapy interventions to <u>underserved</u> <u>children and families</u> who have experienced trauma or are facing serious obstacles in life.
- Practicum training provides services for disadvantaged and underserved clients atrisk due to violence and trauma in their community, or vulnerability due to do poverty, lack of services, immigration status, homelessness, and severe mental illness.

 Students in the Clinic have the unique ability to work in non-clinical settings

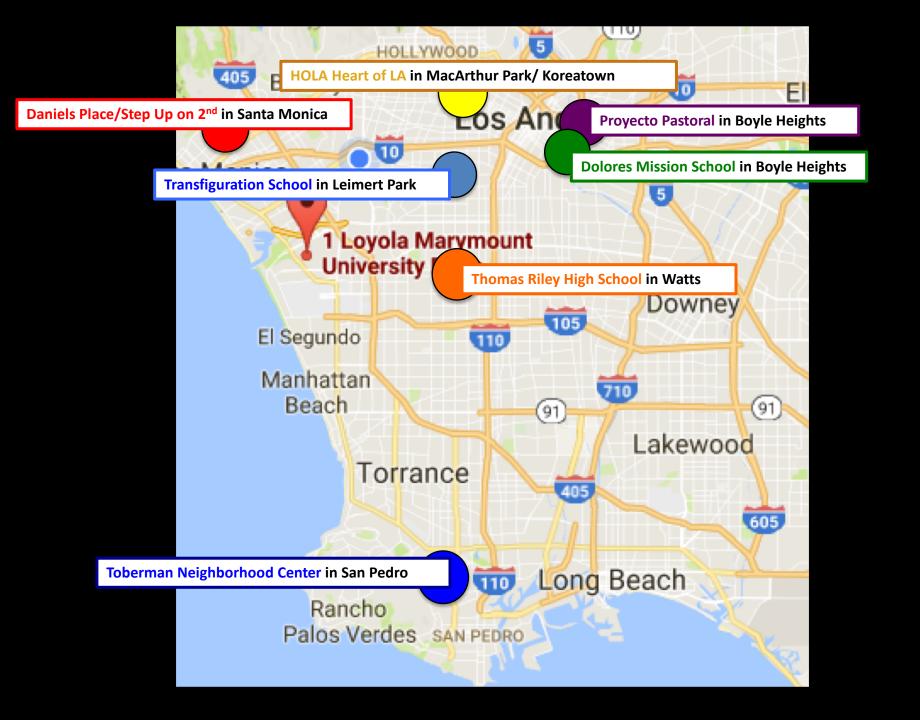
where vulnerable clients would otherwise not receive services.











• Students benefit from being surrounded by art therapy colleagues and training opportunities.





Class of 2017 students with supervisor Clara Konzevik, LMFT, ATR

Art therapy trainings provided by HBL ATC Council Member, Dr. Sherry Lyons, ATR-BC



"I was able to see how instrumental the art was in the therapy process."

Kellee Kemp, Class of 2014

"I learned how to build a therapeutic relationship in terms of culture and socioeconomic status and it was invaluable training."



Wren Peña, Class of 2016



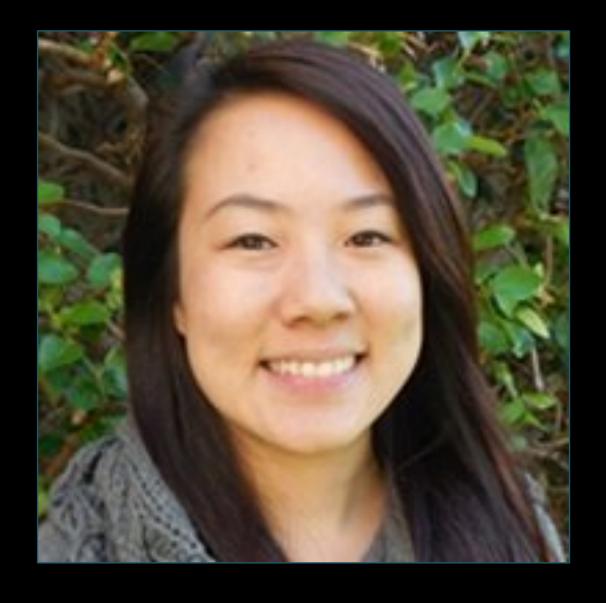
" It was deeply rewarding to share my knowledge and serve families who don't usually get this type of service."

Jesse Pacheco, Class of 2017

"Art provided an incredible ability to connect with clients beyond words. It allowed clients to express seemingly inacessible thoughts and emotions."



Danielle Domingue Sumi, Class of 2016



"I learned how to use art therapy in appropriate and thoughtful ways for underserved kids."

Taklai Melissa Li, Class of 2013



"I went into art therapy to really help others and the Clinic allowed me to do that. I was grateful to be able to take part in the Clinic that was close to Helen's heart."

Natalie DeFay, Class of 2014



"My practicum was invaluable in my training, and supervision was essential in developing my thinking and clinical skills."

Leyla Salsmassian, Class of 2017

"I was able to use artwork clinically to help children make sense of their world. That experience was integrated and is still at the core of my work."



Michael Bauer, Class of 2015



" Many threads began in my first practicum that have formed my identity as an art therapist."

Daniela Montañez, Class of 2015

"This was one of the best experiences I could have had to put my feet in the water as a therapist."





"I really learned how to be flexible and adapt to provide the best support for my clients."

Jillian Luz, Class of 2016



Sharee Nicole Allen, Class of 2015

"In my first case I had to report child abuse. I got great support from my supervisors."

"Supervision was a rich learning environment about possibilities... It was inspiring."



Eliza Pfister, Class of 2014



"I had access to experienced therapists, alumni and supervisors who were supportive, but also gave me space to learn. I'll take that with me for the rest of my career."

Summer Meyers, Class of 2017

"I learned how to trust the art and it was magical and amazing. Everyone had a story to tell, and I learned what survival looks like."



Ana Ruth Yela Castillo, Class of 2017

"We are not building a building, we are building a community of art therapists."

Helen B. Landgarten

March 4, 1921-February 23, 2011